



Meet VMAP's Southwest Region Team

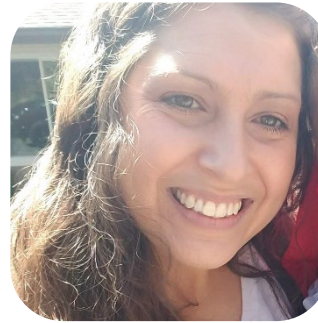
The below team is available to support southwest region PCPs and practices via consultation and care navigation



James W. Nachbar, MD

James W. Nachbar, MD is one of VMAP's child and adolescent psychiatrists and has been serving the Mount Rogers catchment area for 11 years. He received his General Psychiatry training at the University of Virginia in Salem, VA, and his Fellowship at Tuft's New England Medical

Center for Child Psychiatry. Dr. Nachbar is a diplomat of the ABPN in child psychiatry and adult psychiatry. Dr. Nachbar has a particular dedication to the southwestern Virginia area. He has taught VCON students while at the State Hospital in Marion and has taught families through family support groups, as well as nurse practitioner students. He has spent his formative years in Massachusetts and Connecticut. Dr. Nachbar has a master's degree in teaching and has an undergraduate degree in Comparative Politics from Clark University in Worcester, Massachusetts. Outside of work, Dr. Nachbar can usually be found with a book and a cat.



Angie Prater, LCSW LMHP

Angie Prater, LCSW LMHP is one of VMAP's licensed mental health professionals currently employed by Mount Rogers Community Services. In her previous role at Mount Rogers, she provided services in both office and school settings to children, adolescents, and families across southwestern

Virginia communities. Angie obtained her MSW from Radford University in 2012 and completed her undergraduate degree from Virginia Tech in both psychology and sociology. She has been providing clinical services to individuals and families for the last 14 years to include emotional and behavioral disturbances and intellectual and developmental disabilities. Angie provides person-centered services that focus on building a positive, trusting relationship with individuals and families. She utilizes strengths-based and empowerment techniques at the heart of her practice as she believes in assisting individuals with recognizing and discovering their own strengths and achievements to empower themselves to attain their personal successes. Angie has a national certification in Eye Movement Desensitization and Reprocessing (EMDR) therapy, as well as a certification in Parent Child Interaction Therapy (PCIT). As a VMAP LMHP, Angie will provide behavioral health consults to PCPs, facilitate lunch and learns, support with care navigation, and answer any other questions you may have about the program!



Brooke Bates

Brooke Bates, a VMAP care navigator, has served as a Youth Case Manager, Prevention Specialist, and Day Treatment Counselor in her time at Mount Rogers CSB. Brooke has spent the last 25 years helping others in creative ways in both her professional and personal life. Brooke has been involved in Animal Assisted and

Equine Assisted therapy, including Therapeutic horseback riding. In addition to outdoor and nature-based activities, Brooke is also interested in Art and Music based therapies and looks for ways to connect others to these unique opportunities. As a VMAP care navigator, Brooke will focus on connecting youth and families with needed mental health services in collaboration with their PCPs. Born and raised in Southwest Virginia, with deep roots, Brooke has an appreciation for the unique culture of the southwest region and will work to connect with providers and families on a personal level to ensure that they have access to beneficial services.

VMAP is Ready to Support You

VMAP Consult Line (Primary Care Providers Only):

1-888-371-VMAP (8627)

Connect with your team by contacting us at southwesthub@vmap.org

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