



Meet VMAP's Central Region Team

The below team is available to support central region PCPs and practices via consultation and care navigation



Tammy Taylor-Musoke, LCSW

Tammy Taylor-Musoke, licensed clinical social worker (LCSW), is VMAP's central region licensed mental health professional (LMHP), based out of VCU Health. She earned her master's in social work from Virginia Commonwealth University.

Tammy has worked with children and adults with mental illness and/or intellectual disabilities for over 20 years. As VMAP's central region LMHP, Tammy works with primary care providers (PCPs) to provide behavioral health consultations, mental health education, and support in connecting families to resources. She also facilitates VMAP Lunch & Learns, where she helps educate providers about VMAP's services and specific mental health topics. When not working, Tammy enjoys spending time with her family and talking with friends. She also enjoys being outdoors, attending Flying Squirrels baseball games, and watching football.



Kim Anderson

Kim Anderson is VMAP's care navigator for the central region, based out of VCU Health. Kim has a passion for childhood development and believes that when families have access to the tools they need, healing can begin. Because of this passion she has dedicated herself to serving children and families in

various roles. Previously in her position at Henrico County CASA she worked to raise community awareness around child abuse and neglect, and to recruit volunteers to advocate on behalf of children in the court system. Kim is also a CASA volunteer and works closely with legal and social services professionals to make certain children are safe and receiving appropriate services. Throughout her career Kim has seen the struggles and injustices families face and is grateful to have an effective role in correcting these issues in her role at VMAP. As VMAP's central region care navigator, Kim will focus on connecting youth and families with needed mental health services in collaboration with their PCPs.



Bela Sood, MD

Dr. Bela Sood, VMAP's central region child and adolescent psychiatrist (CAP), is Professor of Psychiatry and Pediatrics, past Chair of Child and Adolescent Psychiatry, and Training Director of the Child Psychiatry Fellowship program at VCU Health System. Previously, she was the Medical Director of VCU's Virginia Treatment Center for Children until 2014 when

she transitioned into the role of senior professor for child mental health policy. She completed her medical degree in India, her residency at University of Missouri in Kansas City, her child psychiatry fellowship at Ohio State University, and has been with VCU for over 30 years. Her special interests are in the training of an adequate child mental health work force, reducing stigma around mental health issues, outcomes research, mood disorders, and ADHD. She is specifically focused on ways to provide optimal mental health care to the children of Virginia and using technology such as telemedicine to bring such care to rural areas through integrating mental health, pediatrics, and primary care. For the past six years she has focused her child mental health efforts on prevention. This has included developing an attachment clinic at VCU, supporting work that improves education in infancy and early childhood for caregivers, and violence prevention efforts within the Richmond area. She has also edited two books on children's mental health policy and prevention, and she has a third book focused on youth social justice. As a VMAP CAP, Dr. Sood is available to Virginia PCPs treating children and adolescents for behavioral health consults via the VMAP consult line.

VMAP is Ready to Support You

VMAP Consult Line (Primary Care Providers Only):
1-888-371-VMAP (8627)

Connect with your team by contacting us at
centralhub@vmap.org

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