



VIRGINIA MENTAL HEALTH ACCESS PROGRAM (VMAP) PROJECT ECHO

Mental Health of Youth + Young Adults

New for 2023! This 11-session case-based learning collaborative explores the **4 Rs - Recognize, Respond, Refer, Resources** - of many of the top mental health topics faced by youth and young adults.

Topics Covered:

- Preparing for the Transition to Adulthood
- Substance Use Disorder
- ADHD in Adolescents
- Suicidality
- Gender Dysphoria
- Eating Disorders
- Irritability + Bipolar Disorder
- Teen + Family + Community Supports



WHO

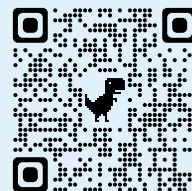
Virginia Child-Serving Providers



WHEN

Jan. to Nov. 2023
4th Fridays from 12-1 PM

**Register at the Link
or Scan the QR Code:**
bit.ly/2023-ECHO-Enroll



Learn More at www.vmap.org/project-echo | Questions? projectecho@vmap.org



Virginia Mental Health
Access Program



Virginia Chapter

INCORPORATED IN VIRGINIA

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN®

