

# Virginia Mental Health Access Program (VMAP) Recognition Badge



## Overview

The Virginia Mental Health Access Program (VMAP) is pleased to offer recognition to VMAP trained providers through the release of a digital badge. The digital badge recognizes the completion of one of VMAP's intensive education programs and is a symbol of both individual and practice commitment to improving pediatric mental health. Each provider who received the badge completed a minimum of 20 hours of training.

Any provider who treats patients 21 years of age and younger in Virginia is eligible to participate in VMAP's education opportunities at low to no cost. This includes pediatricians, family medicine physicians, nurse practitioners, and PAs, among others. Over 700 providers have been trained and received their recognition badge as of December 2022.

## VMAP Trainings

In partnership with the Virginia Chapter of the American Academy of Pediatrics, VMAP offers three (3) educational programs which are designed to help primary care providers better treat mental health in children and adolescents and improve health outcomes:

### VMAP REACH PPP

VMAP offers this training program developed by The REACH Institute ([www.TheREACHInstitute.org](http://www.TheREACHInstitute.org)), adapted for Virginia primary care providers. A dynamic three-day (16 hour), interactive course that focuses on building both skills and confidence to diagnose and treat pediatric behavioral health. Once participants have completed this course, they participate in a six-month, case-based distance learning program consisting of 12 bi-monthly, one hour group conference calls led by industry experts. Through this course, participants learn to identify and differentiate among pediatric behavioral health problems, effectively manage psychopharmacology, and create and implement a treatment plan.

### VMAP Project ECHO

A guided training model, designed to provide best-practice specialty care. Led by mental health experts, this virtual training for small groups. Participants learn to recognize, respond, and refer for common mental and behavioral health diagnoses. Using a hub-and-spoke knowledge-sharing networks, participant learn and share best practices for providing excellent specialty care to patients in their own communities.

### QI Project

Designed to provide a deep dive and help practitioners improve their practices with the help of industry experts and coaching. Participants engage in monthly webinars focused on implementing tools and practices and learn how to develop a trauma-informed lens to support children. Additionally, they learn about available resources and tools as well as conducting billing and coding around completion of project screenings.

*The VMAP Recognition Badge marks providers' commitment to improving the lives and well-being of children, adolescents, and young adults. VMAP hopes recipients will proudly display the badge on their websites and social media to demonstrate their comprehensive knowledge in pediatric mental health, and their dedication to improving the lives of their patients.*