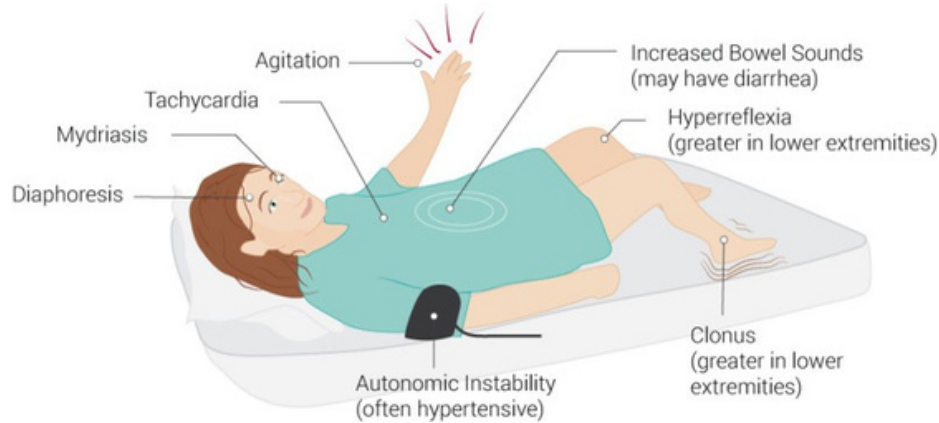


# Symptoms of Serotonin Syndrome



- Agitation or restlessness
- Insomnia
- Confusion
- Rapid heart rate and high blood pressure
- Dilated pupils
- Loss of muscle coordination or twitching muscles
- High blood pressure

- Muscle rigidity
- Shivering
- Goosebumps
- Headache
- Sweating

**Severe tremor, high fever, seizure, unconsciousness, arrhythmia**

## SSRI / SNRI Side Effects

### Possible side effects may include, among others

- Nausea, vomiting, or diarrhea
- Headache
- Drowsiness
- Dry mouth
- Insomnia
- Nervousness, agitation, or restlessness
- Dizziness
- Sexual problems, such as reduced sexual desire, difficulty reaching orgasm or inability to maintain an erection (erectile dysfunction)
- Impact on appetite, leading to weight loss or weight gain
- Increased risk of suicidal ideation but not fatal suicide

### SNRI

- May have increased risk of insomnia and hypertension
- Missed dose side effects can be significant
- Harder to wean