

VIRGINIA MENTAL HEALTH ACCESS PROGRAM (VMAP) PROJECT ECHO

Birth to Five: Deeper Dive

FREE case-based learning collaborative to address infant and early childhood mental health problems in busy primary care practices



Topics Include:

- PCP Approach to Infant and Early Childhood Mental Health (IECMH)
- Attachment + Related Anxiety
- Autism: Early Identification and Response
- Dysregulated Anger + Aggression in Early Childhood
- Feeding and Sleep Challenges
- Tantrums, Discipline, and Spanking
- Parent + Family + Community Resources and Supports

Optional QI project and ability to earn up to 75 CE Credits

Approximately 16-18% of children ages 0-5 experience a mental disorder, with over half being severely affected.*

VMAP Project ECHO can help.

Register at www.vmap.org/project-echo
or scan QR code to the right
Questions? projectecho@vmap.org

*von Klitzing, Kai et al. "Mental Disorders in Early Childhood." 2015



WHO

Virginia Child-Serving Providers



WHEN

January to December* 2024

4th Thursdays, 12-1 PM

**No class in November due to Thanksgiving holiday*

Taught by faculty specializing in early childhood from across the state



Virginia Mental Health
Access Program

