VMAP PROJECT ECHO Common Conditions in Pediatric & Adolescent Mental Health



With an emphasis on screening and response in the primary care setting, this VMAP ECHO on common pediatric mental health conditions can help you integrate best practices in pediatric and adolescent behavioral and mental health care into your busy practice. Our "all teach, all learn" approach leads to strong community connections and referral resources for your patients and their families. Each virtual lunchtime session is led by an interdisciplinary mental health team.

Topics Covered and Resource Connections:

- Understanding Challenging Behaviors in Children
- Mild + Moderate Depression
- Suicidality + Safety Planning
- Challenging Cases in ADHD
- Trauma + PTSD
- Recognizing Psychosis in Pediatric Primary Care

- Substance Use Disorder
- Eating Disorders
- Irritability + Emotional Dysregulation
- Anxiety
- What To Do While Your Patient Waits?

Featured Faculty: Pediatric Mental Health experts from the fields of child psychiatry, psychology, developmental pediatrics, and integrated primary care:

Beth Ellen Davis, MD | Jitendra Annapareddy, MD Rosa Morales-Theodore, MD | Nadia Islam, PhD Haley Stephens, PhD, LCSW | Angela Prater, LCSW Percita Ellis, MD | Regional care navigators

Register at www.vmap.org/project-echo or scan QR code to the right

Questions? projectecho@vmap.org



Virginia Mental Health Access Program





WHEN January to November 2024 3rd Thursdays from 12:00pm to 1:00pm



