

VIRGINIA MENTAL HEALTH ACCESS PROGRAM (VMAP) PROJECT ECHO

Mental Health of Youth + Young Adults

This 11-session case-based learning collaborative explores the **4 Rs - Recognize, Respond, Refer, Resources** - of many of the top mental health topics faced by youth and young adults.



Topics Include:

- Preparing for the Transition to Adulthood
- Substance Use Disorder
- ADHD in Adolescents
- Suicidality
- Gender Dysphoria
- Eating Disorders
- Irritability + Bipolar Disorder
- Teen + Family + Community Supports

Register at www.vmap.org/project-echo
or scan QR code to the right
Questions? projectecho@vmap.org



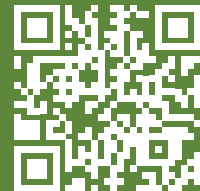
WHO

Virginia Child-Serving Providers



WHEN

Jan. to Nov. 2024
4th Fridays from 12-1 PM



Virginia Mental Health
Access Program

