

**REACH Patient-Centered Mental Health in Pediatric Primary Care (PPP)** 

Are you a Virginia PCP looking to gain professional education in pediatric mental health? Join us for a REACH PPP!

## What to Expect with REACH PPP

- A dynamic 3-day, 16-hour interactive course led by expert Virginia faculty and focused on building skills in diagnosing and treating pediatric mental health problems - only cost is a \$100 registration fee!
- Followed by a 6-month, case-based online program.
   Participants join 12 bi-monthly, 1-hour group calls to learn how to manage pediatric mental health issues encountered in daily practice.
- All participants receive custom-designed toolkits
  with guides, assessment instruments, dosing and
  side effect charts, medication comparison tables, and
  handouts for patients and parents.



Earn up to 28.25 CME, 16.25 MOC 2, & 25 MOC 4

## **Course Goals**

Participants will learn to:



Correctly identify pediatric mental health problems such as childhood depression, ADHD, bipolar disorder, anxiety states (including PTSD), oppositional and conduct disorders, and psychosis.



Effectively manage psychopharmacology: selecting medications, initiating and tapering dosages, monitoring improvements, and identifying and minimizing medication side effects.



Create and implement a treatment plan by mobilizing existing resources like family members, school personnel, and other professional caregivers.

VMAP offers this training program developed by The REACH Institute (www.TheREACHInstitute.org) adapted for Virginia primary care providers.

## Multiple REACH courses are offered each year with in-person and virtual options.

LEARN MORE & REGISTER AT www.vmap.org/reach

\*In support of improving patient care, VCU Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. VCU Health Continuing Education designates this enduring material activity for a maximum of 28.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.











