

# Pearls & Pitfalls

## in Providing Pediatric Mental Healthcare

Register  
Here:



or visit us online at  
[bit.ly/pearls-and-pitfalls](http://bit.ly/pearls-and-pitfalls)

- Bi-monthly **virtual trainings** on curated topics in pediatric mental healthcare
- Join collaborative, engaging, and interactive conversations with experts & peers
- Gain real-world advice on navigating complicated situations in daily practice
- Attend from the comfort of your home (or wherever you are!)
- Earn up to **1 CME credit** for each webinar; join as many as you'd like



### February

#### Self Care Comes First

- 12 **Widening the Lens on Well-Being**  
Suzanne Reiss, MD | Child & Adolescent Psychiatrist
- 26 **When the Going Gets Tough: Supporting Clinician Mental Health**  
Sterling Ransone Jr, MD | Family Physician

### March

#### Early Experiences: A Healthy Start for the Brain

- 12 **The First 1000 Days: Trauma and the Developing Brain**  
Bela Sood, MD | Child & Adolescent Psychiatrist
- 26 **Maternal Mental Health: Pregnancy and Beyond**  
Jen Wells, MD | Perinatal Psychiatrist

### April

#### Working the Puzzle: Our Kids on the Spectrum

- 9 **Autism: What to Do While You Wait for a Diagnosis?**  
Polly Panitz, MD | Developmental/Behavioral Pediatrician
- 23 **Mental Health Care for Children on the Spectrum: What's Different?**  
Peter Dozier, MD | Child & Adolescent Psychiatrist