




Your Child Was Screened for Suicide Risk Today: **Here's Why!**

We know it can be startling to hear that your child is being screened for suicide risk. Unfortunately, **suicide is the 2nd leading cause of death** for children between 10 and 24, and screening for suicidal thoughts (also known as ideation) is a **precaution** that we take to make sure your child is safe and has the support they need to stay that way.



Regardless of how the screening goes, keep an eye out for warning signs of suicide risk in your child. They can be subtle or overt, but **even one is enough to seek support!**



Warning Signs of Suicide Risk

- making openly suicidal statements, such as “I wish I wasn’t here anymore”
- changes in eating or sleeping habits (eating/sleeping more or less than usual)
- frequent or pervasive sadness
- withdrawal from friends, family, and hobbies
- frequent complaints about physical symptoms often related to emotions, such as stomachaches, headaches, fatigue, etc.
- decline in the quality of schoolwork
- preoccupation with death and dying

Notice a Warning Sign?

Contact us, your child’s pediatrician, for an **urgent visit**.

If the situation becomes life-threatening, **call 911 or 988.**

